



LeadWithWellness.org

PROMOTING WELL- BEING IN LEADERSHIP

*INSPIRING EDUCATORS THROUGH DYNAMIC PROFESSIONAL
DEVELOPMENT THAT CHAMPIONS MENTAL HEALTH AND WELLNESS*



CULTIVATING THRIVING EDUCATIONAL COMMUNITIES





WHO WE ARE?

LeadWithWellness.org is a non-profit corporation with the belief that true organizational strength is rooted in meaningful connections and a shared sense of belonging. Through innovative programming, collaborative learning, and strategic leadership development, we empower schools to foster environments where every individual feels valued, supported, and inspired to stay engaged throughout the academic year. Our work is dedicated to advancing retention and resilience by placing wellness at the heart of education.



SUPPORT OPPORTUNITIES



Individual donations and sponsorships can be financial or through professional resources that will enable LeadWithWellness.org to provide vital, unrestricted support that ensures schools receive critical professional development, resources, and advocacy needed to provide healthy environments for student success.



LeadWithWellness.org partners with corporate and nonprofit organizations that champion educator health and wellness. Through sponsorships, recognition packages, advertising, and cause marketing, brands can visibly support the mental, physical, and emotional well-being of school educators.

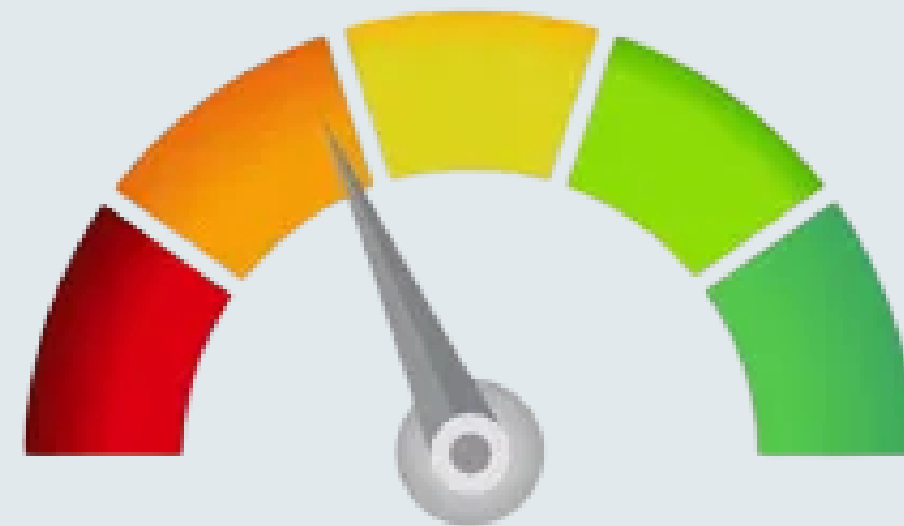


EVIDENCE OF NEED



DECREASED EDUCATOR RETENTION

Data shows retention rates for educators are steadily decreasing



<49%

Educator satisfaction rate regarding health and wellness professional development is at an all time low, indicating an undesirable culture and climate within educational organizations



- 15%

Decrease in productivity, resulting in increased costs and low efficiency





SCHOOL ADMINISTRATION

LeadWithWellness.org programming offers school administrators a powerful framework to cultivate healthier, more supportive learning environments. Administrators will receive tailored professional development, strategic coaching, and resources to empower leaders to implement evidence-based wellness policies that enhance both student and staff well-being.

LeadWithWellness.org equips administrators with the tools and confidence to lead with a wellness-first mindset that benefits the entire school community.



TEACHERS AND STUDENTS

LeadWithWellness.org programming benefits both teachers and students by fostering a school culture centered on health, well-being, and academic success. For teachers, the program provides professional development and wellness resources that support their mental and physical health, reduce burnout, and enhance job satisfaction. This, in turn, creates a more positive and productive classroom environment. For students, the focus on whole-child wellness leads to improved engagement, better behavior, and stronger academic performance. By integrating wellness into school policies and practices, LeadWithWellness.org helps create a supportive ecosystem where both educators and learners can thrive.

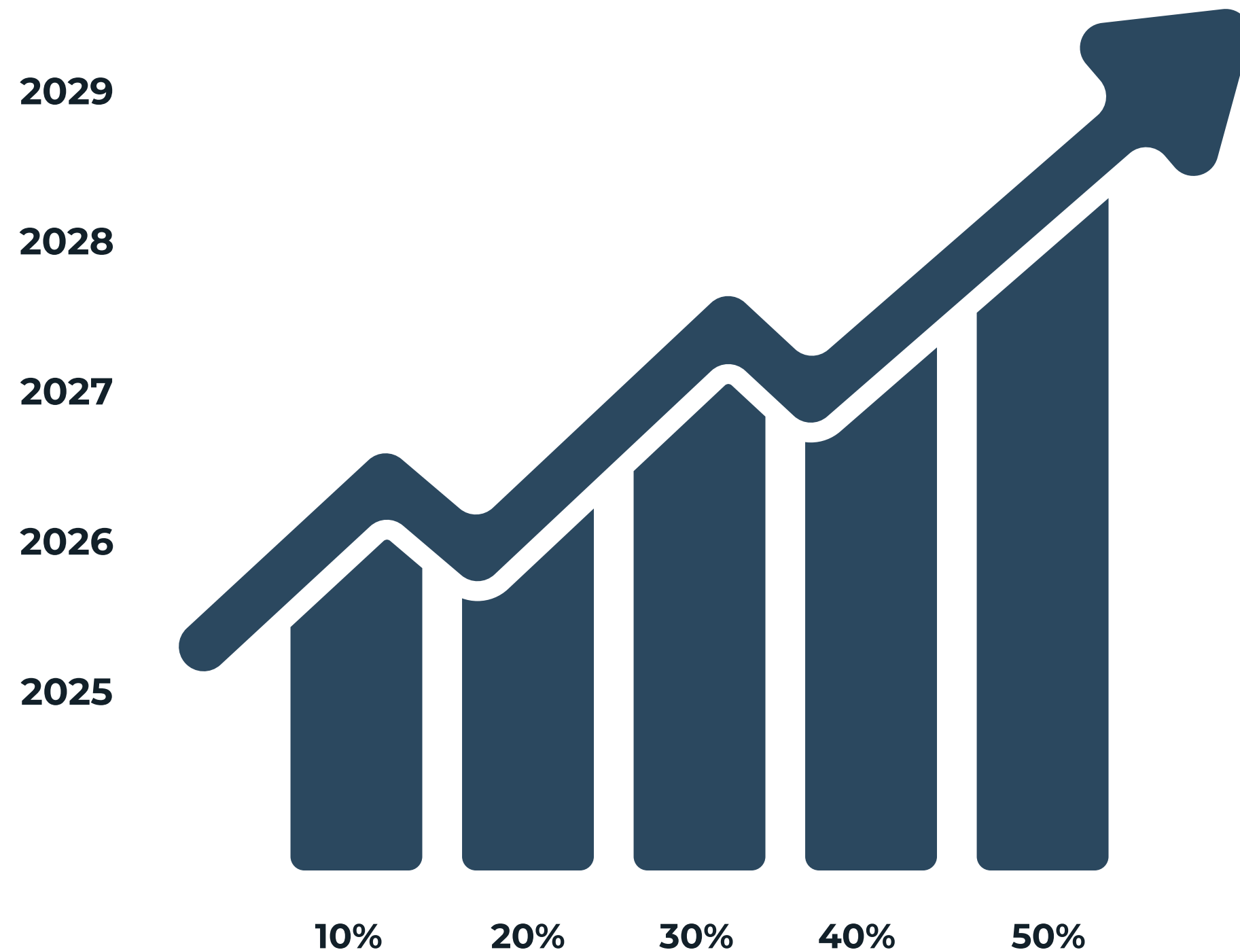


FAMILY AND COMMUNITY

LeadWithWellness.org programming benefits families and communities by creating stronger connections between schools and the broader environments in which students live and grow. By promoting a culture of wellness that extends beyond the classroom, the program encourages family engagement in health-focused initiatives and supports community partnerships that enhance access to resources like nutrition, mental health services, and physical activity opportunities. This collaborative approach helps build healthier, more resilient communities where families feel empowered and supported in contributing to student success. As schools become hubs of wellness, the positive ripple effects can be felt throughout neighborhoods and local networks.



PROJECTED GROWTH



LeadWithWellness.org is projected to experience remarkable growth over the next 5 years, revolutionizing how education prioritizes health and wellness professional development one district at a time.





LeadWithWellness.org will transform and prioritize wellness professional development for educators. By championing wellness and belonging as the foundation for retention, we aim to redefine success in education—one relationship, one school, and one year at a time.

DR. TANIA R. WHITE, PRESIDENT OF LEADWITHWELLNESS.ORG



LET'S TALK!

Take the next steps towards success!

Contact us and become a major part of the solution by being community partners and aiding in the development of stress management and wellness programs that maximizes the educational environment for the future success of all students!



LeadWithWellness.org



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SUPPORTED BY TOP COMPANIES



**EDUCATOR
WELL-HEALTH**

The educator is the asset

EDUCATORWELLHEALTH, INC.



PERFECT HEALTH-HOLISTIC
INSTITUTE



HALFTIME

HALFTIME

